Japanese Kampo Medicine: Connecting Tradition, Scientific Evaluation and Individual Patient Care

Friday, September 6, 2019

Geschwister-Scholl-Haus:

11:00  Get together and Registration
12:00  Lunch

Welfenschloss:

13:00  Welcome

13:10-14:30  Parallel Workshops (A, B)
(All workshops will give opportunity to introduce and discuss current key issues and open problems of the respective field of Kampo Medicine. Workshop chairs will summarize and present the main results at the respective session on Saturday)

A) Kampo International, Education and Public Outreach
   Chairs: Kenji Watanabe, Heidrun Reißweber-Hewel, Shin Takayama, Sven Schröder

B) Pharmacobotany, Crude Drug Supply and Basic Research
   Chairs: Michael Wink, Silke Cameron, Toshiaki Makino, Hans Rausch

   Afternoon Coffee Break from 14:30-15:00

15:00-16:10  Parallel Workshops (C, D)

C) Clinical Experience and Research
   Chairs: Keiko Ogawa, Yoshiharu Motoo, Gregory Plotnikoff, Tetsuhiro Yoshino

D) Historical Aspects: Learning from Tradition
   Chairs: Denichiro Yamaoka, Gretchen de Soriano, Hiromichi Yasui, Bernd Kostner

16:10-17:10  Meet the Experts:
   Kampo Prescriptions for Difficult Clinical Cases
   (including practical tutorials with patients)

17:30-18:30  General Meeting of ISJKM Members

Town Hall of Hann. Münden:

19:00  Dinner, Music and Dance
Saturday, September 7, 2019
Welfenschloss

9:00-9:10  Welcome Addresses
Silke Cameron, Symposium-President, Hann. Münden and
Heidrun Reißenweber-Hewel, President of ISJKM, Munich

9:10-9:20  Greeting Remarks
Takashi Ito, President, The Japan Society for Oriental Medicine (JSOM)
Dominik Irnich, President, German Medical Association of Acupuncture (DÄGfA)

Session A: Kampo International, Education and Public Outreach

Heidrun Reißenweber-Hewel, Clinic for Japanese Medicine, and Competence Centre
Complementary Medicine, Technical University, Munich, Germany

9:30-9:45  Current status of East-Asian Medicine Education in the United States and
Japanese Kampo Medicine: a model for the future
Nigel Dawes, Kampo Institute, New York and Eric Buckley, Christus St. Vincent Hospital,
Santa Fe, New Mexico, USA

9:45-10:00  Establishment of a Global Network of Kampo Medicine
Kenji Watanabe, Otsuka Kampo Clinic and Keio University Tokyo, Japan

10:00-10:15  Integration of Kampo and Modern Medicine in General Practice in Europe
Ulrich Eberhard and Sigrid Bormann, Clínica Médicos Para Ti, Madrid, Spain

10:15-10:30  Summary of Workshop and Session Results

Morning Coffee Break from 10:30 to 11:00

Session B: Pharmacobotany, Crude Drug Supply and Basic Research

11:00-11:15  Effects of Standardized Extracts of Japanese Kampo-Medicine in Human and Murine
Pancreas Carcinoma Cell Lines
Silke Cameron, University Medicine Göttingen, Germany

11:15-11:30  18β-glycyrrhetyl-3-O-sulfate is Suggested to be a Causative Agent of Licorice-induced
Pseudoaldosteronism
Toshiaki Makino, Nagoya City University, Nagoya, Japan

11:30-11:45  Kaki Calyx: Asian Specific Medication for Hiccups
Kayoko Shimada-Takaura, The Museum of Osaka University, Osaka, Japan

11:45-12:00  Summary of Workshop and Session Results
Poster Session I: 12:00-12:50

Session C: Clinical Experience and Research

Chairs: Heidrun Reißenweber-Hewel and Yoshiharu Motoo

14:00-14:15 Use of *maoto* (Ephedra Decoction) to Alleviate Flu Symptoms
Tetsuhiro Yoshino, Keio University, Tokyo, Japan

14:15-14:30 Prophylactic Efficacy of *ninjin’yoeto* for Oxaliplatin-induced Cumulative Peripheral Neuropathy in Patients with Colorectal Cancer receiving Postoperative Adjuvant Chemotherapy: a randomized, phase 2 trial (HOPE-2)
Yoshiharu Motoo, Kanazawa Medical University, Ishikawa, Japan

14:30-15:00 *Kampo Hozai* and Phytotherapy for Cachexia: Where do we stand?
Kenny Kuchta, University of Göttingen Medical School, Göttingen, Germany

15:00-15:15 Prediction of Traditional Diagnostic Patterns, deficiency-excess and cold-heat Patterns, in Japanese Kampo Medicine: A multicentre prospective observational study
Ayako Maeda-Minami, Keio University, Tokyo, Japan

15:15-15:30 The Effect of *daikokuto* for Shoulder Stiffness and related Changes in Stool Condition: A retrospective Study
Minoru Ohsawa, Tohoku University Hospital, Sendai, Japan

15:30-15:45 Summary of Workshop and Session Results

Afternoon Coffee Break from 15:45 to 16:15

Poster Session II: 16:15-16:40

Session D: Historical Aspects: Learning from Tradition

Chairs: Gretchen De Soriano and Denichiro Yamaoka

16:40-16:55 Analysis of the Development of Kampo Medicine in Japan from the Perspective of Medical History
Hiromichi Yasui, Yasui Clinic, Yokkaichi, Japan

16:55-17:10 The Historic Morino Herb Garden (Morino-Kyuyakuen): Sowing Seeds for the Future
Kyoko Takahashi, Osaka University, Osaka, Japan

17:10-17:25 A Graphic Narrative Approach in Exploring the Development of *fukushin* in Japanese Kampo Medicine
Gretchen De Soriano, Kampo UK Association, London, United Kingdom

17:25-17:40 Summary of Workshop and Session Results

18:15 Medieval Castle Tour with Dinner at the Knight’s Hall and Music
**Poster Presentations:**

**Poster Session I:** Saturday, Sept. 7: 12:00–12:50

**P1:** A Neonatal huge Cervical Lymphatic Malformation Successfully Treated with *eppikajutsuto* and *ogikenchutu*: A Case Report  
Keiko Ogawa, Department of Japanese-Traditional (Kampo) Medicine, Kanazawa University Hospital, Kanazawa, Japan

**P2:** Efficacy of Kampo Medicine for Pediatric Diseases Refractory to Western Medication: Survey of Japanese-Oriental (Kampo) Medicine at Chiba University Hospital  
Yuki Watanabe, Department of Japanese Oriental 'Kampo' Medicine, Graduate School of Medicine, Chiba University, Chiba, Japan

**P3:** Perspectives on the Use of *ninjin'yoeito* in Modern Medicine: a Review of Randomized Controlled Trials  
Shin Takayama, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

**P4:** Investigation of Kampo Medicine Prescribed during Hospitalization in Tohoku University Hospital  
Ryo Sugimine, School of Medicine, Tohoku University, Sendai, Japan

**P5:** Challenges of Intercultural Terminology: Brazilian Portuguese Denominations for Kampo Medicine Nomenclatures  
Kazusei Akiyama, Consultório Kazusei Akiyama, São Paulo, Brazil

**P6:** A Case-Series of 10 Patients with Female Hormonal Imbalance (*Chi-no-michi* syndrome) successfully treated with *nyoshinsan*  
Eiko Mori, Kitasato University, Oriental Medicine Research Center, Tokyo, Japan

**P7:** Flipped Class using Kampo E-Learning System in Medical and Pharmaceutical Schools  
Aki Ito, Kanagawa Institute of Industrial Science and Technology, Kanagawa, Japan

**P8:** Two Cases of Immune Thrombocytopenia Successfully Treated with Kampo Medicine  
Chiho Otani, Tamashima Clinic of Hematology and Kampo Medicine, Shizuoka, Japan

**P9:** Clinical Reasoning in Kampo Medicine Applying the Dual-process Theory to Historical Kampo “*sho* scripts”  
Mitsuyuki Takamura, Kampo Medicine Outpatient Clinic, Mie University Hospital, Tsu, Japan
**Poster Session II:**  Saturday, Sept. 7: 16:15–16:40

**P10:** A Quick and Resource-saving Preparation Method for Decoction of Kampo formulae inspired by the Method of Boiling Powdered Crude Drugs in the Song Dynasty of China

Tsukasa Fueki, Matsuya Pharmacy, Niigata, and Toho University, School of Medicine, Tokyo, Japan

**P11:** Efficacy of Kampo Medicine for Pollen Allergy in Japan

Izumi Kimoto, Hirose Clinic, Aichi, Japan

**P12:** Significance of Kampo Medication Complying with the Clinical Demand: Results of a Questionnaire Survey among Japan Society for Oriental Medicine (JSOM) Member Doctors

Yasuhito Kimura, Graduate School of Pharmaceutical Sciences, Osaka University, Osaka, Japan

**P13:** Usage Trend of Kampo medicine at a Clinic in a Physician-shortage Area

Natsumi Saito, Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan

**P14:** The Track and Record of Palpation Sites and Pressure by Kampo Experts using an Abdominal Palpation Monitoring System for Standardization of Abdominal Palpation in Kampo Medicine

Shuji Yakubo, Department of Clinical Kampo Medicine, Meiji Pharmaceutical University, Tokyo, Japan

**P15:** Integrated Treatment for Cancer using Kampo and Western Medicine

Masayuki Shimizu, Surgery and Internal medicine Clinic of Sendai City, Wakabayashi, Sendai, Japan

**P16:** Procurement of Active Principles and Therapeutics for Kampo Treatment in Europe

Hans Rausch, Phytochem Referenzsubstanzen, Neu-Ulm, Germany