

Japanese Kampo Medicine: Connecting Tradition, Scientific Evaluation and Individual Patient Care

Friday, September 6, 2019

Geschwister-Scholl-Haus:

11:00 *Get together and Registration*

12:00 *Lunch*

Welfenschloss:

13:00 **Welcome**

13:10-14:30 **Parallel Workshops (A, B)**

(All workshops will give opportunity to introduce and discuss current key issues and open problems of the respective field of Kampo Medicine. Workshop chairs will summarize and present the main results at the respective session on Saturday)

A) Kampo International, Education and Public Outreach

Chairs: Kenji Watanabe, Heidrun Reißeweber-Hewel, Shin Takayama, Sven Schröder

B) Pharmacobotany, Crude Drug Supply and Basic Research

Chairs: Michael Wink, Silke Cameron, Toshiaki Makino, Hans Rausch

Afternoon Coffee Break from 14:30-15:00

15:00-16:10 **Parallel Workshops (C, D)**

C) Clinical Experience and Research

Chairs: Keiko Ogawa, Yoshiharu Motoo, Gregory Plotnikoff, Tetsuhiro Yoshino

D) Historical Aspects: Learning from Tradition

Chairs: Denichiro Yamaoka, Gretchen de Soriano, Hiromichi Yasui, Bernd Kostner

16:10-17:10 **Meet the Experts:**
Kampo Prescriptions for Difficult Clinical Cases
(including practical tutorials with patients)

17:30-18:30 **General Meeting of ISJKM Members**

Town Hall of Hann. Münden:

19:00 *Dinner, Music and Dance*

Saturday, September 7, 2019

Welfenschloss

- 9:00-9:10** **Welcome Addresses**
Silke Cameron, Symposium-President, Hann. Münden and
Heidrun Reißweber-Hewel, President of ISJKM, Munich
- 9:10-9:20** **Greeting Remarks**
Takashi Ito, President, The Japan Society for Oriental Medicine (JSOM)
Dominik Irnich, President, German Medical Association of Acupuncture (DÄGfA)

Session A: Kampo International, Education and Public Outreach

Chairs: Keiko Ogawa and Kenji Watanabe

- 9:20-9:30** **Kampo International: New Trends and Challenges**
Heidrun Reißweber-Hewel, Clinic for Japanese Medicine, and Competence Centre
Complementary Medicine, Technical University, Munich, Germany
- 9:30-9:45** **Current status of East-Asian Medicine Education in the United States and
Japanese Kampo Medicine: a model for the future**
Nigel Dawes, Kampo Institute, New York and Eric Buckley, Christus St. Vincent Hospital,
Santa Fe, New Mexico, USA
- 9:45-10:00** **Establishment of a Global Network of Kampo Medicine**
Kenji Watanabe, Otsuka Kampo Clinic and Keio University Tokyo, Japan
- 10:00-10:15** **Integration of Kampo and Modern Medicine in General Practice in Europe**
Ulrich Eberhard and Sigrid Bormann, Clínica Médicos Para Tí, Madrid, Spain
- 10:15-10:30** **Summary of Workshop and Session Results**

Morning Coffee Break from 10:30 to 11:00

Session B: Pharmacobotany, Crude Drug Supply and Basic Research

Chairs: Michael Wink and Toshiaki Makino

- 11:00-11:15** **Effects of Standardized Extracts of Japanese Kampo-Medicine in Human and Murine
Pancreas Carcinoma Cell Lines**
Silke Cameron, University Medicine Göttingen, Germany
- 11:15-11:30** **18 β -glycyrrhetyl-3-O-sulfate is Suggested to be a Causative Agent of Licorice-induced
Pseudoaldosteronism**
Toshiaki Makino, Nagoya City University, Nagoya, Japan
- 11:30-11:45** **Kaki Calyx: Asian Specific Medication for Hiccups**
Kayoko Shimada-Takaura, The Museum of Osaka University, Osaka, Japan
- 11:45-12:00** **Summary of Workshop and Session Results**

Poster Session I: 12:00-12:50

Lunch Break from 12:50 to 14:00

Session C: Clinical Experience and Research

Chairs: Heidrun Reißenweber-Hewel and Yoshiharu Motoo

- 14:00-14:15** **Use of *maoto* (Ephedra Decoction) to Alleviate Flu Symptoms**
Tetsuhiro Yoshino, Keio University, Tokyo, Japan
- 14:15-14:30** **Prophylactic Efficacy of *ninjin'yoeito* for Oxaliplatin-induced Cumulative Peripheral Neuropathy in Patients with Colorectal Cancer receiving Postoperative Adjuvant Chemotherapy: a randomized, phase 2 trial (HOPE-2)**
Yoshiharu Motoo, Kanazawa Medical University, Ishikawa, Japan
- 14:30-15:00** **Kampo *Hozai* and Phytotherapy for Cachexia: Where do we stand?**
Kenny Kuchta, University of Göttingen Medical School, Göttingen, Germany
- 15:00-15:15** **Prediction of Traditional Diagnostic Patterns, deficiency-excess and cold-heat Patterns, in Japanese Kampo Medicine: A multicentre prospective observational study**
Ayako Maeda-Minami, Keio University, Tokyo, Japan
- 15:15-15:30** **The Effect of *daisaikoto* for Shoulder Stiffness and related Changes in Stool Condition: A retrospective Study**
Minoru Ohsawa, Tohoku University Hospital, Sendai, Japan
- 15:30-15:45** **Summary of Workshop and Session Results**

Afternoon Coffee Break from 15:45 to 16:15

Poster Session II: 16:15-16:40

Session D: Historical Aspects: Learning from Tradition

Chairs: Gretchen De Soriano and Denichiro Yamaoka

- 16:40-16:55** **Analysis of the Development of Kampo Medicine in Japan from the Perspective of Medical History**
Hiromichi Yasui, Yasui Clinic, Yokkaichi, Japan
- 16:55-17:10** **The Historic Morino Herb Garden (Morino-Kyuyakuen): Sowing Seeds for the Future**
Kyoko Takahashi, Osaka University, Osaka, Japan
- 17:10--17:25** **A Graphic Narrative Approach in Exploring the Development of *fukushin* in Japanese Kampo Medicine**
Gretchen De Soriano, Kampo UK Association, London, United Kingdom
- 17:25-17:40** **Summary of Workshop and Session Results**

18:15 *Medieval Castle Tour with Dinner at the Knight's Hall and Music*

Poster Presentations:

Poster Session I: Saturday, Sept. 7: 12:00–12:50

- P1:** **A Neonatal huge Cervical Lymphatic Malformation Successfully Treated with *eppikajutsuto* and *ogikenchuto*: A Case Report**
Keiko Ogawa, Department of Japanese-Traditional (Kampo) Medicine, Kanazawa University Hospital, Kanazawa, Japan
- P2:** **Efficacy of Kampo Medicine for Pediatric Diseases Refractory to Western Medication: Survey of Japanese-Oriental (Kampo) Medicine at Chiba University Hospital**
Yuki Watanabe, Department of Japanese Oriental 'Kampo' Medicine, Graduate School of Medicine, Chiba University, Chiba, Japan
- P3:** **Perspectives on the Use of *ninjin'yoeito* in Modern Medicine: a Review of Randomized Controlled Trials**
Shin Takayama, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan
- P4:** **Investigation of Kampo Medicine Prescribed during Hospitalization in Tohoku University Hospital**
Ryo Sugimine, School of Medicine, Tohoku University, Sendai, Japan
- P5:** **Challenges of Intercultural Terminology: Brazilian Portuguese Denominations for Kampo Medicine Nomenclatures**
Kazusei Akiyama, Consultório Kazusei Akiyama, São Paulo, Brazil
- P6:** **A Case-Series of 10 Patients with Female Hormonal Imbalance (*Chi-no-michi* syndrome) successfully treated with *nyoshinsan***
Eiko Mori, Kitasato University, Oriental Medicine Research Center, Tokyo, Japan
- P7:** **Flipped Class using Kampo E-Learning System in Medical and Pharmaceutical Schools**
Aki Ito, Kanagawa Institute of Industrial Science and Technology, Kanagawa, Japan
- P8:** **Two Cases of Immune Thrombocytopenia Successfully Treated with Kampo Medicine**
Chiho Otani, Tamashima Clinic of Hematology and Kampo Medicine, Shizuoka, Japan
- P9:** **Clinical Reasoning in Kampo Medicine Applying the Dual-process Theory to Historical Kampo “*sho* scripts”**
Mitsuyuki Takamura, Kampo Medicine Outpatient Clinic, Mie University Hospital, Tsu, Japan

Poster Session II: Saturday, Sept. 7: 16:15–16:40

- P10:** **A Quick and Resource-saving Preparation Method for Decoction of Kampo formulae inspired by the Method of Boiling Powdered Crude Drugs in the Song Dynasty of China**
Tsukasa Fueki, Matsuya Pharmacy, Niigata, and Toho University, School of Medicine, Tokyo, Japan
- P11:** **Efficacy of Kampo Medicine for Pollen Allergy in Japan**
Izumi Kimoto, Hirose Clinic, Aichi, Japan
- P12:** **Significance of Kampo Medication Complying with the Clinical Demand: Results of a Questionnaire Survey among Japan Society for Oriental Medicine (JSOM) Member Doctors**
Yasuhito Kimura, Graduate School of Pharmaceutical Sciences, Osaka University, Osaka, Japan
- P13:** **Usage Trend of Kampo medicine at a Clinic in a Physician-shortage Area**
Natsumi Saito, Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital, Sendai, Japan
- P14:** **The Track and Record of Palpation Sites and Pressure by Kampo Experts using an Abdominal Palpation Monitoring System for Standardization of Abdominal Palpation in Kampo Medicine**
Shuji Yakubo, Department of Clinical Kampo Medicine, Meiji Pharmaceutical University, Tokyo, Japan
- P15:** **Integrated Treatment for Cancer using Kampo and Western Medicine**
Masayuki Shimizu, Surgery and Internal medicine Clinic of Sendai City, Wakabayashi, Sendai, Japan
- P16:** **Procurement of Active Principles and Therapeutics for Kampo Treatment in Europe**
Hans Rausch, Phytochem Referenzsubstanzen, Neu-Ulm, Germany